

# Sarah Provencal

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## Education

**Masters of Fine Arts:** Theatre Pedagogy: emphasis in Directing and Acting, 2012  
Virginia Commonwealth University, Richmond, Virginia

**Bachelor of Arts:** Theatre/English, 2007  
State University of New York at Geneseo, Geneseo, New York

## Training

**La MaMa International Director's Symposium**, Anne Bogart, Akiko Aizawa, Annie-B Parson, Maya Zbib  
**Fundamentals of Viewpoints**, Anne Bogart, SITI Company, NYC, NY  
**Devising Physical Theatre**, Gecko, London, UK  
**Theatre of the Oppressed Training and Performance**, Tereza Novez-Briggs, London, UK  
**Training at Royal Academy of Dramatic Art (RADA)**, Contemporary Scene Study, London, UK

## Honors and Awards

Regional Artist Project Grant. Arts and Science Council, 2019  
Adjunct Faculty Excellence in Teaching Award. Winthrop University, 2018

## Conference Papers and Presentations

**How to be a Feminist Thespian: Strategies.** Women's Theatre Festival, Raleigh, 2017  
**How to be a Feminist Thespian: Strategies.** Southeastern Theatre Conference, 2017  
**Panel: Women and the Movement: Activism to Arts to Politics.** The Dew Group. 2016  
**Experience Report: Workshopping Alternate Outcomes to Sexism Through Participatory Classroom Role-play.** with Dr. Celine Latulipe and Tonya Frevert. RESPECT: Research on Equity and Sustained Participation in Engineering, Computing, and Technology. 2016  
**Affordable Participatory Improv Workshops for Responding to Explicit and Implicit Sexism in Technology.** With Dr. Celine Latulipe. NCWIT- National Center for Women and Information Technology, 2016  
**Forum Theatre: Creating Gender Parity.** Southeastern Theatre Conference, 2016  
**Creating Common Vocabulary in the Early States of Devising.** Southeastern Theatre Conference, 2016  
**Plays for Women: No Excuses.** Southeastern Theatre Conference, 2015  
**From Stage to Page: Scripting Devised Work.** Southeastern Theatre Conference, 2014  
**Plays for Women: No Excuses.** Southeastern Theatre Conference, 2014  
**Directing for Non-Realism.** Southeastern Theatre Conference, 2012

## Teaching

### **Adjunct Professor, Box Office Manager- Winthrop University (2014- current)**

*Rock Hill, SC*

Courses Taught: Directing 1, Directing 2, Script Analysis, Acting 1, Improvisation, Theatre History and Literature II, Integrated Arts, Technical Theatre Practicum: House Management, Honors Directing 1, Honors Improvisation, Theatre Appreciation (both seated and online)

**Guest Instructor- University of North Carolina at Charlotte (2015- current)**

*Invited by the Association for Computing Machinery-Women group, FemmeTech class, and Women in Video Games Festival. Currently working initiative funded by the National Science Foundation.  
Inclusive Response Workshops using Boal's Theatre of The Oppressed Techniques*

**Teaching Artist- Children's Theatre of Charlotte (2014- current)**

*Charlotte, NC*

Courses Taught: Foundations, Core, The Acting Instrument, Building the Audition Book, Classics and Combat, Summer Camp Director

**Teaching Artist, Physical Theatre- Haileyberry International School (2017)**

*Tianjin, China*

Two-Week Theatre Training Intensive

**Adjunct Professor- South Piedmont Community College (2013-2016)**

*Monroe, NC*

Courses Taught: Play Production, Theatre Appreciation (both online and seated), Storytelling, Theatre Appreciation, Literature of the Theatre

**Adjunct Faculty- Virginia Commonwealth University (2010-2012)**

*Richmond, VA*

2010-2012

Courses Taught: Directing 1, Creating Non-Realistic Theatre, Effective Speech, Speech for Business and the Professions, Audition Techniques (guest instructor), Voice and Speech for the Theatre (TA), Introduction to Meisner (TA), Improv Boot Camp (High School Theatre Festival), Theatre History 1 (TA)

**Guest Artist- Metrolina Theatre Association (2015)**

*Charlotte, NC*

Plays for Women: No Excuses

**Instructor- Film Actors' Studio (2014-2015)**

*Charlotte, NC*

Courses Taught: Meisner Technique, Meisner Taster Workshop

**Theatre Instructor- Connie Company (2008-2010, 2014)**

*Davidson Community Players, Davidson, NC*

Courses Taught: Improvisation for the Theatre, Advanced Scene Study, Creative Dramatics, Solomon House Outreach Troupe

**Guest Artist- Taproot Ensemble (2014)**

*Charlotte, NC*

An Introduction to Viewpoints

**Workshop Tutor- Actor's Centre (2013)**

*London, UK*

An Introduction to Viewpoints

**Guest Teaching Artist- The City Academy (2013)**

*London, UK*

Courses Taught: Improv Skills for the Actor, Audition Skills for the Actor

**Guest Teaching Artist- St. Thomas More Language College (2013)**

*London, UK*

Courses Taught: Creating the Body of the Character, Storytelling Through Movement

**Guest Teaching Artist- KDC Theatre Company (2012)**

*London, UK*

Collaborative Theatre Workshop Series

**Adjunct Faculty- School of the Performing Arts in the Richmond Community-SPARC (2011-2012)**

*Richmond, VA*

Courses Taught: Comedy Improv, Creative Drama, Bring on the Broadway!, Summer Camp Director

**Guest Instructor- The Shop at ArtSpace (2012)**

*Richmond, VA*

Workshop Series: Directing for Non-Realism

**Guest Teaching Artist- Henrico Center for the Arts (2011-2012)**

*Henrico, VA*

Storytelling Through Movement

**Associate Teacher 2<sup>nd</sup> & 3<sup>rd</sup> Grades- Charlotte Mecklenburg Schools (2009-2010)**

*Charlotte Mecklenburg Schools Afterschool Enrichment Program*

*Elizabeth Lane Elementary, Charlotte, NC*

**Drama Teacher 6<sup>th</sup>, 7<sup>th</sup>, and 8<sup>th</sup> grades- Charlotte Mecklenburg Schools (2008-2009)**

*Charlotte Mecklenburg Schools*

*Northridge Middle School, Charlotte, NC*

**Guest Teaching Artist- Johnson C. Smith University (2009)**

*Charlotte, NC*

Vocal and Physical Warm-ups for Actors

**Instructor- Canandaigua City School District (2003-2007)**

Program Chair/ Lead Instructor (2006-2007)

Instructor's Assistant (2005)

Student Coordinator (2003-2004)

*Complements Summer Drama Camp, Canandaigua, NY*

## **Arts Management**

**Box Office Manager- Winthrop University Department of Theatre and Dance (2015-current)**

*Rock Hill, SC*

Manage all aspects of front of house during theatre and dance productions, including hiring and training of box office employees, ticketing operations, and house management.

**Education Assistant- School of the Performing Arts in the Richmond Community- SPARC (2011-2012)**

*Richmond, VA*

As SPARC's education department administrator, duties include processing of class registration, handling parent communication, assistant manage showcase and other school events, collection of assessment data, and acting as representative support staff to SPARC faculty.

**Speech Coordinator- Virginia Commonwealth University (2011-2012)**

*Richmond, VA*

Manage all of Virginia Commonwealth University's public speaking instructors; hire and train instructors in the curriculum and provide support during the semester.

## **Company Founder and President- AvantVanGuard Performance Series (2008-2009)**

*Carolina Actors Studio Theatre (CAST), Charlotte, NC*

Created a series focused on providing culturally diverse and socially relevant theatre through various performing arts forms.

## **Production Apprentice- Carolina Actors Studio Theatre (2008-2009)**

*Charlotte, NC*

Created and executed all elements of production design (e.g. lighting, sound, set), designed original lobby art and marketing media as well as dramaturgical segments for playbills, and extensive front of house (e.g. box office) and administrative duties.

## **Intern in Development, Directing, and Education- American Stage Theatre (2006)**

*St. Petersburg, FL*

Stimulated the fundraising aspect of the theatre's annual gala by initiating a grassroots strategy of personal contact with potential funders, apprenticed under production directors and stage managers, assisting in both technical and dramaturgical elements of the process.

### **Directing**

<i>The Sabbath Girl</i> by Cary Gitter (new work)	JStage, Charlotte, NC	2019
<i>The Wolves</i> by Sarah DeLappe	Actor's Theatre of Charlotte, NC	2019
<i>Fun Home (AD)</i> by Lisa Kron, Jeanine Tesori, Alison Bechdel	Actor's Theatre of Charlotte, NC	2019
<i>The Odyssey</i> by Phillip Willmott	Children's Theatre of Charlotte, NC	2019
<i>Romeo and Juliet: You Choose the Ending</i> Devised based on Shakespeare's story	Chickspeare, Charlotte, NC	2018
<i>Appropriate</i> by Branden Jacobs-Jenkins	Three Bone Theatre Company, Charlotte, NC	2018
<i>The Trojan Women</i> Adapted from Euripides' play	Children's Theatre of Charlotte, NC	2018
<i>5 Lesbians Eating a Quiche</i> by Evan Linder and Andrew Hobgood	Blumenthal Stage Door, Charlote, NC	2018
<i>Large Animal Games</i> by Steve Yockey	The Warehouse, Cornelius, NC	2017
<i>Honk, Jr.</i> by George Stiles and Anthony Drewe	Children's Theatre of Charlotte, NC	2017
<i>The Merchant of Venice</i> by William Shakespeare	Winthrop University	2017
<i>5 Lesbians Eating a Quiche</i> by Evan Linder and Andrew Hobgood	The Warehouse, Cornelius, NC	2016
<i>East of the Sun, West of the Moon</i> by Tina Howe	Children's Theatre of Charlotte, NC	2016
<i>The Luckiest People</i> (staged reading) by Meridith Friedman	Actor's Theatre of Charlotte, NC	2016
<i>4,000 Miles</i> by Amy Herzog	Three Bone Theatre Company, NC	2015

<i>Journey to the World's Edge</i> by H.M. Bagdasian and E. Joselovitz	Children's Theatre of Charlotte, NC	2015
<i>Rapture, Blister, Burn</i> by Gina Gionfriddo	UpStage, Charlotte, NC	2015
<i>Rapture, Blister, Burn</i> by Gina Gionfriddo	The Warehouse, Cornelius, NC	2014
<i>As You Like It</i> by William Shakespeare	Shakespeare Carolina, Rock Hill, SC	2014
<i>Dear Edwina, Jr.</i> By Marcy Heisler and Zina Goldrich	Children's Theatre of Charlotte, NC	2014
<i>My Name Is Rachel Corrie</i> From the writings of Rachel Corrie	UpStage, Charlotte, NC	2014
<i>Eunice's Beauty, Barber, and Bait Shop</i> 10 minute play festival	The Warehouse, Cornelius, NC	2014
<i>Something Unspoken (AD)</i> By Tennessee Williams	Davidson Community Players, Davidson, NC	2013
<i>The Last Hour of Antigone</i> co-authored with Raul Quiros Molina	Camden People's Theatre, London, UK	2013
<i>A Midsummer Night's Dream</i> by William Shakespeare	St. Thomas More Language College, London	2013
<i>Cutting Edge: an interactive fairytale</i> devised work	Pirate Castle, London, UK	2013
<i>Winnie the Pooh Kids</i> based on A.A. Milne's stories	SPARC, Richmond, VA	2012
<i>Bedtime Stories</i> devised, inspired by Charles L. Mee	The Shop, Richmond, VA	2012
<i>The 25<sup>th</sup> Annual... Spelling Bee (AD)</i> by Rachel Sheinkin	Virginia Commonwealth University, VA	2012
<i>Captain Walter Arnold</i> by Gertrude Stein	Shafer Street Playhouse, Richmond, VA	2011
<i>Southern Rapture (staged reading)</i> by Eric Coble	Shafer Street Playhouse, Richmond, VA	2011
<i>What a Long, Strange Trip Its Bean</i> devised work	Shafer Street Playhouse, Richmond, VA	2011
<i>Troy Women</i> by Karen Hartman	Shafer Street Playhouse, Richmond, VA	2011
<i>Medea</i> by Christopher Durang and Wendy Wasserstein	Shafer Street Playhouse, Richmond, VA	2010
<i>The Piano Lesson (AD)</i> by August Wilson	Central Piedmont Community College, NC	2010
<i>The Last Time</i> <i>Just Do It Performance Series</i>	Theatre Charlotte, Charlotte, NC	2010
<i>Terminality</i> <i>Just Do It Performance Series</i>	Theatre Charlotte, Charlotte, NC	2010
<i>Black and White</i> <i>Just Do It Performance Series</i>	Theatre Charlotte, Charlotte, NC	2010
<i>Concert Plans</i> <i>Just Do It Performance Series</i>	Theatre Charlotte, Charlotte, NC	2009
<i>The Mystery of the Gumdrop Dragon</i>	Elizabeth Lane Elementary School, NC	2010

by Gerry Lynn Burtle <i>Trash Anthem</i>	Carolina Actors Studio Theatre, NC	2009
by Dan Dietz <i>F♥ck Valentine's Day</i> cabaret show	Carolina Actors Studio Theatre, NC	2009
<i>Coronado</i> by Dennis Lehane	Robert E. Sinclair Black Box Theater	2006

## Acting

<i>Midsummer Night's Dream</i>	Peter Quince	Shakespeare on the Rocks	2016
<i>A Quickie with Romeo &amp; Juliet</i>	Multiple	Chickspeare	2016
<i>Freda</i>	Mother/Winged Creature	Taproot	2015
<i>Twelfth Night</i>	Curio/Club Singer	Chickspeare	2013
<i>Bankruptcy (Forum Theatre)</i>	Ensemble	Calder Bookshop & Theatre, London	2012
<i>Miss Palmer's School...</i>	Mrs. Randolph	The Shop at ArtSpace	2012
<i>The Unfeigned Joy</i>	Merrilee Weise	VCU Performing Arts Center	2012
<i>The 25<sup>th</sup> Annual... Spelling Bee</i>	Rona Lisa Peretti	Hodges Theatre	2012
<i>Southern Rapture (staged reading)</i>	Allissa, Laverne	Shafer Street Playhouse	2011
<i>Variations on a Landslide</i>	Solo Performance	Richmond Triangle Players	2010
<i>Savage in Limbo</i>	April	Carolina Actors Studio Theatre	2009
<i>Monster</i>	Justine	Carolina Actors Studio Theatre	2008
<i>dark play</i>	Molly	Carolina Actors Studio Theatre	2008
<i>No Laugh Track Required</i>	Company Member	SUNY Geneseo	2003-2005
<i>An American Daughter</i>	Newscaster	SUNY Geneseo	2005
<i>Equus</i>	Hester Solomon	SUNY Geneseo	2005
<i>The Vagina Monologues</i>	Ensemble	SUNY Geneseo	2004
<i>Come Blow Your Horn</i>	Connie	Geneseo Community Players	2004

## Stage Management

<i>Live Art</i>	Assistant SM	Carpenter Theatre (SPARC)	2012
<i>Comedy of Errors</i>	Stage Manager	Collaborative Arts Theatre	2010
<i>The Piano Lesson</i>	Stage Manager	CPC Theatre	2010
<i>Twelfth Night</i>	Stage Manager	Collaborative Arts Theatre	2009
<i>Foxfire</i>	Stage Manager	Carolina Actors Studio Theatre	2008
<i>No Laugh Track Required</i>	Season SM	SUNY Geneseo	2006-2007
<i>Crowns</i>	Assistant SM	American Stage Theatre	2006
<i>The Big Bang</i>	Assistant SM	American Stage Theatre	2006

## Dramaturgy

<i>Julius Caesar</i>	Collaborative Arts Theatre	2010
<i>Metamorphoses</i>	Carolina Actors Studio Theatre	2009
<i>An American Daughter</i>	SUNY Geneseo	2005

## **Other Relevant Experience**

**Theatre of the Oppressed Facilitator**, ChickTech (2018)

**Judge**, The Blumey Awards, Blumenthal Performing Arts (2016)

**Sophomore and Junior Assessments**, Mentor students in this departmental benchmark, Winthrop University (2016-2017)

**Thesis Reader**, Senior Thesis on *Tribes* by Nina Raine, Winthrop University (Fall 2016)

**Faculty Advisor**, Improv This!, Winthrop University (Fall 2015- Current)

**Reader**, nuVoices New Play Festival, Actors Theatre of Charlotte (2015)

**Adjudicator**, International Thespian Society Scholarship, Rock Hill, SC (February 2014)

**Private Acting Coach**, London, UK (September 2012- July 2013)

**President**, Guild of Graduate Students, Virginia Commonwealth University (2011-2012)

**Adjudicator**, BFA Program Auditions, Virginia Commonwealth University (Fall 2010, Spring 2011)

**Acting Coach**, Virginia Theatre Association Auditions (Fall 2010-Fall 2011)

**Contributor**, *Broadway: An Encyclopedia of Theater and American Culture*. Ed. Thomas A Greenfield. Santa Barbara: Abc Clio, 2010. Articles on Julie Taymor and Harold Prince.

## **References**

Dr. Noreen Barnes  
Director of Graduate Studies  
Virginia Commonwealth University  
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Marla Brown  
Artistic Director  
The Warehouse Performing Arts Center  
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Children's Theatre of Charlotte  
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